**CIDI-Section E Depression**

CODED E1-E24 IN COLUMN I

E1 ca d tkfO{nfO{ b'Mv nfu]sf] lvGg ÷pbf; ePsf] ,kL/ k/]sf] ;dosf] af/]df ;f]Wg rfxfG5' . tkfO{sf] hLjge/Ldf÷hLGbuLdf b'O{ xKtf jf Tof]eGbf al9÷a];L;Dd k|To]s lbg w]/}h;f] ;do tkfO{ lvGg x'g' jf kL/ nfUof] jf b'Mv nfUof] <

PRB 1 3 4 5

E2 lhGbuLdf tkfO{nfO{ b'O{ jf Tof]eGbf al9 xKtf;Dd tkfO{nfO{ ;w}F;w}F dg nfUg] w]/} s'/fx?df rfv t;{gf ?rL x/fof] -dg nfu]g\_ h:t} Msfddf dg gnfUg], /dfO{nf] ug{ dg gnfUg] OToflb .

PRB 1 3 4 5

IF E1 AND E2 BOTH CODED 1 SKIP TO E34

***LACKING ENERGY***

E3 ha tkfO{ b'O{ xKtf jf Tof]eGbf al9 ;do;Dd lvGg jf pbf; x'g'ef] cyjf lk/ nfuf]÷ljleGg tL;{gf x/fof] M Tolta]nf tkfO{n] ;fx|f] sfd gubf{ klg x/]s lbg ;a}h;f] ;do sdhf]/L jf ylst eP h:tf] nfUof] <

 NO 1 YES 5

***APPETITE CHANGE***

E4 tkfO{nfO{ b'O{ jf Tof]egbf a]l; xKtf;Dd -kL/ nfUbf\_ pbf; x'Fbf b'Mv nfUbf÷laeLGg s'/fdf dg gnfUbf ÷;w} ysfO{ nfUbf tkfO{nfO{ x/]s lbg h;f] ;w}eGbf sDtL ef]s nfUof] <

 NO 1 YES 5

E5 oL dWo] s'g} Ps ;dod tkfO{n] cfˆgf] ahg÷tf}n j]6 36fpg÷sd ug{ gvf]Hbf klg Ps dlxgfdf nuftf/ w]/} arg÷tf}n÷j]6 36\of] dtna b'Anfpb} hfg'eof] <

 NO 1 YES 5

E6 oL dWo] s'g} Ps ;dodf b'O{ jf ;f] eGbf al9 xKtf;Dd tkfO{nfO{ x/]s lbgh;f] klxnfsf] eGbf al9 ÷a];L ef]s nfUof]<

 NO 1 YES 5

E7 oLdWo] s'g} Ps ;dodf w]/} xKtf;Dd tkfO{nfO{ ;fx|} w]/} ef]s nfUof] h;n] ubf{ tkfO{sf] w]/} ahg÷t}n÷j]6 a9\of]] <NO 1 YES 5

***SLEEP PROBLEMS***

E8 tkfO{nfO{ -ljleGg s'/fdf dg gnfu]sf] a]nf tkfO{ pbf; x'g'ePsf] a]nf÷tkfO{ sdhf]/ x'g'ePsf] a]nf\_ b'O{ jf Tof]eGbf al9 xKtf;Dd x/]s h;f] /ft lgb|f gcfpg], dWo] /ftdf lapF´g] jf laxfg ;a]/} p7\g] h:tf lgb|fsf ;Fw}eGbf al9 ;d:of cfP÷b]vf k/]<NO 1 YES 5

IF NOT CODED 5, SKIP TO E9

A. sDtLdf b'O{ xKtf;Dd x/]s lbg tkfO{ cfkm'n] p7\g rfx]sf] eGbf b'O{ 306f cl3 g} lapFl´g' ÷p7\g rfx]sf] eGbf b'O{ 306f cl3 g} lapFl´g'÷p7g' eof]] <

NO 1 YES 5

E9 ha tkfO{ -pbf; x'g'eof]÷ljleGg s'/fdf dg gnfUg]x'g'ef]÷sdhf]/ x'g'eof] To;a]nf tkfO{ k|To]s÷x/]s h;f] lbg ;fx|} w]/}a]/;Dd ;'Tg'x'GYof] <NO 1 YES 5

***SLOW/RESTLESS***

E10 oL dWo] s'g} Ps ;dodf sDtLdf b'O{xKtf;Dd tkfO{ k|Tos÷x/]s h;f] lbg ;w}F ;w}FeGbf lj:tf/} lx8\g'eof] <

IF CODED 1, SKOP TO E11

A tkfOn] l9nf] af]nL/x]sf] jf l9nf] lxFl8/x]sf] c? s;}n] rfn kfof] <

NO 1 YES 5

E11 oLdWo] s'g} Ps ;dodf tkfO{n] ;a} ;do tnanfO{÷56k6fO{ /xg'k¥of] dtna tkfO{ r'krfk zfGt a:g ;Sg' ePg / tndfly ul//fVg'eof] cyjf xft grnfO{ a:g ;Sg' ePg <

IF CODED 1, SKOP TO E12

A. tkfO{ ;a};do 56\k6fO{ rNdnfO{ /x]sf] c? s;}n] rfn kfof] <

NO 1 YES 5

***WORTHLESS OR GUILTY***

E12 tkfO{nfO{ oL dWo s'g} ;dodf cfkm' lbgx'Fh;f] a]sf/ eP h:tf] nfuf]

A. tkfO{ cfkm'nfO bf]ifL 7fGg' eof] < No 1 Yes 5

B. s'g} vf; sf/0fn] ubf{ tkfO{n] cfkm'nfO{ -bf]ifL jf a]sfd]\_ 7fGg'ePsf] xf] <

C. WAS R WORTHLESS/GUILTY ONLY ABOUT BEING IMPAIRED BY DEPRESSION?

NO 1 YES 5

***LACK OF CONFIDENCE***

E13 oL dWo] s'g} Ps ;dodf tkfO{n] cfkm'nfO{ c? dfG5] h:tf /fd|f] c;n enfbdL gePsf] 7fGg' eof] <

NO 1 YES 5

E14 tkfO{ s'g} klg s'/fsf af/]df cfˆgf] larf/ /fVg} g;lsPnf ls h:tf] ul/ tkfO{ leqsf]÷tkfO{dflysf] laZjf; Psbd} sd eof] <

***TROUBLE THINKING***

E15 oL dWo] s'g} Ps ;dodf tkfO{nfO{ PslrQ x'g ;a}eGbf ufx|f]÷;fx|f] ef] <

A. tkfO{ Ps lrQ x'g g;s]sf]n] tkfO{nfO{ c? dflg;;Fusf] s'/fsfgL÷ukm a'emg g;Sg] x'g'ePsf] lyof] <

NO 1 YES 5

E16 tkfO{sf] ;f]Rg] zlQ ;w}eGbf w]/} sd x'Fb} uf] < cyjf w]/} s'/fx? ÷larf/x? Ps} rf]l6 dgdf cfpg yfn] <

NO 1 YES 5

E17 klxnfklxnf o;} xf] eg]/ eGg ;lsg] s'/f klg clxn] cfP/ o;} xf] eGg g;Sg] x'g'ef]<

NO 1 YES 5

***THOUGHTS OF DEATHS***

E18 oL ;do dWo] s'g} Ps ;dodf d[To'sf] af/]df w]/} ;f]Rg'eof] <

NO 1 YES 5

E19 tkfO{n] olt;Dd x/]z vfg'eof] ls tkfO{n] cfTdxTof ug]{ af/] w]/} ;f]Rg'eof] <

IF CODED 1, SKIP TO E21

A. cfTdxTof s;/L ug]{ eg]/ of]hgf agfpg'eof] < ljrf/ ug'{eof] <

NO 1 YES 5

E20 cfTdxTof ug]{ sf]zL; klg ug{'eof]<

NO 1 YES 5

E21 ADD TOGETHER THE NUMBER OF 5'S IN E1, E2, PLUS THE NUMBER OF BOXES WITH AT LEAST ONE 5, IS THE TOTAL 4 OR MORE ?

 IF NO SKIP TO E34

NO 1 YES 5

E22 o;/L -pbf; jf lvGg ePsf]÷lt;{gf x/fPsf] cyjf laleGg s'/f ug{ dg gnfu]sf]÷sdhf]/L ePsf]\_ b'O{ xKtfsf] ;dodf w]/} h;f]lbg laxfg p7\bf g/fd|f]] t/ lbFp;f] x'Fb} uPkl5 s]xL /fd|f] ePh:tf] nfUof] <

NO 1 YES 5

E23 d ca tkfO{nfO[ JolQmut k|Zg ;f]Wg rfxG5' . cK7]/f] gdfgL atfO{lbg' xf]nf . lsgsL of] s'/f uf]Ko /flvg]5 . o:tf;dodWo] s'g} ;dodf tkfO{sf] nf]Ug];Fu ->Ldfg;Fu÷:jf:gL;Fu ->Ldlt;Fu\_ ;'Tg] rfxfgf ;w}eGbf ;fx|} 36]/ uof] <

NO 1 YES 5

E24 tkfO{n] s'g} s'/fdf ;kmntf kfpFbf jf s;}n] tkfO{nfO{ /fd|f] x'g'x'G5 eg]/ eGbf /dfpg ;Sg' ePg <

NO 1 YES 5

E25 o;/L -b'Mv nfu]sf]÷rfxfgf x/fPsf]\_ s'g} ;dodf tkfO{n] cfˆgf] ;f]rfOsf] af/df cyjf To;} ;dodf ePsf ;d:ofsf af/]df 8fS6/nfO{ eGg'eof] <

PRB 2 3 4 5 6

E26 o:tf] ePsf] ;a}eGbf nfdf] ;do slt xKtfsf] lyof] < ÷ ÷WEEKS

A. o:tf] ePsf] b'O{ xKtf jf Tof]eGbf a9L÷a];Lsf] ;don] tkfO{sf] cfˆg} sfd ug{], tkfO{sf] 3/k/Ljf/sf] x]/rfx ug]{ s'/fdf ;fx}| afwf÷cK7\of/f] k'¥ofof] eg] <

NO 1 YES 5

E27 b'O{xKtf jf Tof] eGbf al9 ;do;Dd -pbf; x'g' ePsf]÷rfxgf 36]/ uPsf] sdhf]/ ePsf] / (SX CODED 5 IN E4-E20) ;d:ofx? dWo] s'g} ;d:ofn] tkfO{nfO{ klxnf] v]k ÷k5fl8 v]k slxn] e]§fP <

ONE; 1 2 3 4 5 6

 AGE ÷

E28 tkfO{n]] nfdf] ;do;Dd lrGtf dfGg' ePsf]÷lk/ dfGg' ePsf] jf ;'tf{ ug'{ ePsf] s'/f cl3 g} elg ;Sg'eof] < tkfO{ To;/L nfdf] ;do;Dd lrGtf u/]sf] ;'tf{ ePsf] a]nf tkfO{ -pbf; lvGg cyjf rfv x/fPsf]\_ s'g} Pp6f ;doleq} k/]sf] lyof] <

NO 1 YES 5

E29 -e'ldsf M tkfO{ xKtf;Dd lvGg pbf; x'g'eof] cyjf sdhf]/ x'g'eof] . clg km]l/ ;~rf] x'g'eof] . s]xL lbg jf dlxgfkl5 km]l/ b'O{ xKtf;Dd tkfO{nfO{{ o:tf] eof] . km]/L tkfO{ ;~rf] x'g'eof] kml/ klxnfs} bf]xf]l/of] . dtna tkfO{ km/skm/s ;dodf pbf; x'g'eof]\_ xf] To:tf] sltv]k tkfO{ pbf; x'g'eof] cyjf tkfO{sf] rfxfgf x/fof] < tkfO{sf] lhGbuL e/Ldf b'O{ xKtf jf Tof] eGbf a];L pbf; ePsf] rfxfgf x/fof] sdhf]/ ePsf] / rfxfgf x/fPsf] sdhf]/ ePsf] / xfdLn] s'/f u/]sf] ;d:ofx?dWo] s]xL ;d:ofx? tkfO{;Fu ePsf] km/s–km/s ;do sltj6f lyof] <

÷

#EPISODES

IF CODED 01, SKIP TO E30

A. -lvGg ePsf] pbf; ePsf] rfxfgf x/fPsf]÷sdhf]/ ePsf]\_ s'g} ;dosf] aLrsf s]xL dlxnfx? Df tkfO{ ;~r} x'g'x'GYof] <

NO………. (SKIP TO E30) ………1 OKAY IN BETWEEN……………5

B. pbf; lvGg x'g'ePsf] s'g} Ps ;do ;lsof] . To;kl5 ;Gr} x'g'eof] . km]l/ tkfO{ pbf; x'g'eof] o;/L ;'?df nfi6df pbf; x'g' ePklg aLrdf ;~rf] x'geof] . xf] Tof] ;dodf tkfO{ cfˆgf] sfd ug{ / c? dflg;;Fu /x]/ klxnfsf] h:t} /dfpg ;Sg'eof] <

 NO ……..( SKIP TO E30)…1 YES……………………………….5

C. To;/L ;Grf] eP h:tf] nfu]sf] / c? dflg;;Fu /x]/ /dfO{nf] u/]sf] ;do slDtdf b'O{ dlxgf;Ddsf] lyof] <

NO ……..( SKIP TO E30)…1 YES……………………………….5

D. Ps v]keGbf al9 tkfO{sf] rfxgf x/fof]÷pbf; x'g'eof]÷sdhf]/ x'g'eof] . To:tf] xF'bf tkfO{ aLraLrsf sDtLdf b'O{ dlxgf ;~rf] klg x'geof] . xf] o:tf aLraLrsf sDtLdf b'O{ dlxgf ;~rf] ePsf ;donfO{ dfq uGtL ug{] xf] eg] tkfO{nfO{ slt v]k To:tf] ef] -dtna -lvGg÷pbf;\_ x'g'eof]÷ sdhf]/ x'g' eof]÷rfxfgf x/fof]\_ <

IF E29D CODED 1, SKIP TO E30

E. aLrsf] slDtdf b'O{ dlxgf ;~rf] ePsf]] klxnf] To:tf] ;do ;lsbf tkfO{ slt jif{sf] x'g'x'GYof]<

 ÷

 AGE AT END OF FIRST EPISODE

E30 To:tf] -rfxgf x/fPsf]÷pbfz ePsf]\_ ;do tkfO{sf] glhssf] sf]xL dfG5]sf] d[To' ePsf] 7Ls kl5 b]vf k¥of] <

NO ……..( SKIP TO C….)…1 YES……………………………….5

A. -pbfz ePsf]÷rfxgf x/fPsf]\_ s'g} ;do / To;sf ;fy} (LIST 3 SX CODED 5 FROM E3-320) h:tf c? s]xL ;d:ofx? tkfO{sf] glhssf] dfG5]sf] d[To' ePsf] l7s kl5 lyPgg\ <

NO, ONLY AFTER DEATH …...(SKIP TO E3) …………………1YES, OTHER TIMES …………………………2

B. uPsf]÷lat]sf] jif{ tkfO{nfO{ To:tf] ePsf] ;dosf af/]df lg < -s] Tof] s'/f]÷s] Tof] s'/fx?\_ tkfO{sf] glhssf] sf]xL dfG5]sf] d]To'sf] 7Ls kl5 b]lvP <

NO, ONLY AFTER DEATH …...(SKIP TO E3) ……1 YES, OTHER TIMES ………………………………………2

C. of] cyjf lo dWo] s'g} ;do aRrf ePsf] jg aRrf hGd]sf] Ps dlxgfleq z'? eof] <

NO ………………………………1 YES……………………………….5

E31 DID R HAVE 2 OR MORE SEPARATE DEPRESSED PERIODS (E29D CODED 2 OR MORE) ?

 NO …….( SKIP TO E34)…1 YES……………………………….5

E32 ca d tkfO{n] sDtLdf @ xKtf;Dd -pbfz ePsf]÷rfxgf x/fPsf]÷sdhf]/ ePsf]\_ ;do / tkfO{nfO{ ToxL ;dodf ePsf] ;dosf] af/]df ;f]Wg rfxG5' . Tolta]nf tkfO{ slt jif{sf] x'g'x'GYof] <(IF CAN'T CHOOSE) To;f] eP b'O{ xKtfsf] s'g} Ps v/fa ;do 5fGg'xf];\÷;Demg'xf];\ .

÷

 AGE

E33 tkfO{ -==========÷=======\_ jif{sf] x'Fbf oL ;d:ofx?dWo] b'O{ xKtf;Dd s'gs'g rflxF ;d:of tkfO{;Fu lyof] / oL dWo] ;a}eGbf w]/} ;d:ofx? klg tkfO{;Fu o; ;dodf lyP eGg] af/]df d tkfO{nfO{ ;f]Wb}5'' .

Tolta]nf tkfO{nfO{ b'Mv nflu/xGYof] cyjf pbfz eO{/xg'x'GYof] <

 NO ………………………………1 YES……………………………….5

A. w]/} h;f] s'/fdf tkfO{sf] rfxgf÷tL;{gf x/fof] <

 NO ………………………………1 YES……………………………….5

E34 slxn]sfxL ;~r} h:tf] nfu]klg tkfO{n] tkfO{sf] hLjg÷hLGbuLdf w]/}h;f] ;do b'O{ jf a9L jif{ pbfz x'g'eof] jf b'vL x'g'eof] <

 NO …….(SKIP TO J1)…1 YES…………………….…….5

A. aLr jLrsf b'O{ dlxgf ;~rf] ePsf] ;do g} b]vf gk/L b'O{ jif{;Dd sf]xLa]nf To:tf] eof] <

 PRB: 1 2 3 4 5

 IF NO CODE PRB 1, AND SKIP TO J1

b'O{ jif{ jf a9L÷a];L ;do;Dd pbfz ePsf] jf b'v nfu]sf] af/]df ToxL a]nf tkfO{n] 8fS6/nfO{ eGg'eof] <

MD: …………………………….OTHER………………………..

E35 pbfz ePsf] jf b'Mv nfu]sf] To:tf] nfdf] ;dodf s] tkfO{nfO{ lgGb|fs]f ;d:of k¥of] < h:t} lgbfpgdf ;d:of, dWo/ftdf lapemg][, laxfg ;a]/} lgGb|fn] 5f]8\g] <

 NO 1 YES 5

E36 b'O{ jif{ jf a9L÷a];L ;do;Dd pbfz ePsf] a]nfdf tkfO{ af/Da/ ;fx|} w]/} ;'Tg'eof] <

 NO 1 YES 5

E37 b'O{ jif{ jf a9L÷a];L ;do;Dd pbfz ePsf] a]nfdf k6sk6s -af/Daf/\_ vfg]s'/f vfg] rfxgf w]/} sd eof] <

 NO 1 YES 5

E38 b'O{ jif{;Dd pbfz ePsf]n] af/Daf/ ;w}eGbf ;fx|} w]/} vfg'eof] <

 NO 1 YES 5

E39 s8f d]xgt÷;fx|f] sfd gubf{ klg a];L÷w]/} h:tf] ;do tkfO{nfO{ ysfO{ nfUof] jf sdhf]/ ePh:tf] nfUof] <

 NO 1 YES 5

E40 pbfz ePsf] b'O{ jif{sf] ;doleq tkfO{nfO{ k6sk6s cfkm" c? dflg; h:tf] /fd|f]÷nfos geP h:tf] nfUof] <

 NO 1 YES 5

E41 s'g} s'/fs]f af/]df tkfO{n] cfˆgf] egfO{ /fVg÷larf/ eGg g;lsPnf ls h:tf] tkfO{df tkfO{dflysf] ljZjf; Hofb} ÷;fx|} sd eof] <

 NO 1 YES 5

E42 pbfz ePsf] b'O{ jif{sf] ;dodf PslrQ x'g ;w}eGbf ufx|f] eof] <

 NO 1 YES 5

E43 pbfz x'g'ePsf] b'O{ jif{sf] ;dodf ;w} ;w} lgwf]÷lg0f{o ug{ ;Sg] s'/fdf klg lgwf] ug{ g;Sg] x'g'eof] <

 NO 1 YES 5

E44 pbfz x'g'ePsf] b'O{ jif{sf] ;dodf tkfO{ af/Daf/ ?g'x'GYof] <

 NO 1 YES 5

E45 pbfz x'g'ePsf] b'O{ jif{sf] ;dodf tkfO{n] af/Daf/ lg/fz x'g'eof] o:t/L lg/fz x'g'eof] ls ToxfF ;kfg{ ;lsg] l:ylt g} lyPg h:tf] nfUof] <

 NO 1 YES 5

E46 pbfz x'g'ePsf] s'g} b'O{ jif{sf] ;dodf tkfO{n] af/Daf/ cfˆgf] lbg}lkR5]sf] sfd st{Jo /fd|f];+u cl3 a9fpg ;lsb}+g h:tf] nfUof] <

 NO 1 YES 5

E47 pbfz x'g 'ePsf] b'O{ jif{sf] ;dodf tkfO{sf] hLGbuL ;w} g/fd|f] ÷ v/fa lyof] / ca s'g} /fd|f] x'g]jfnf 5}g eGg] 7fGg'ePsf] lyof] <

 NO 1 YES 5

E48 nfdf]÷w]/} ;do;Dd pbfz ePsf a]nfdf ;fyL jf cfkmGtx?;Fu Psl5g klg latfpg dg gnfUg] eof] h:tf] nfUof] <

 NO 1 YES 5

E49 nfdf]÷w]/} ;do;Dd pbfz ePsf ;dodf tkfO{nfO{ cfkm'n] ;w}eGbf sDtL s'/f u/]h:tf] nfUof] <

 NO 1 YES 5

E50 pbfz ePsf] b'O{ jif{sf] ;dodf tkfO{ w]/} s'/fx? h:t} M sfdsfh, df]hdHHff jf tkfO{n] ;w};w} dgk/fpg] s'/fdf klg dg gnfUg] eof] <

 NO 1 YES 5

E51 ca d tkfO{nfO{ JolQmut k|Zg ;f]Wg rfxG5', . cK7\of/f] gdfgL atfO{lbg'xf]nf lsgsL of] s'/f uf]Ko /flvg]5 . b'O{ jif{;Dd lvGg ePsf] ;dodf tkfO{s]f >Ldfg÷>LdtL;Fu ;Dks{ ug]{ rfxgf klxn] klxn] eGbf w]/} sdL eof] <

 NO 1 YES 5

IF NO 5s CODED IN E35-E51, CODE E52 PRB 1 AND SKIP TO J1.

E52 tkfO{ pbfz x'g'ePsf ;dodf b]lvPsf ;d:ofx? h:t} -SX. CODED 5 in E35-E51) ? sf] af/]df tkfO{n] 8fS6/nfO{ sf]xLa]nf eGg'eof] <

PRB: 1 2 3 4 5

E53 tkfO{ pbfz x'g'ePsf ;dodf b]lvPsf ;d:ofx? h:t} -SX. CODED 5 in E35-E51) ? sf] af/]df tkfO{n] 8fS6/nfO{ sf]xLa]nf eGg'eof] <

PRB: 1 2 3 4 5